



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Albrecht, Kai

Club: Running Team Köstritzer  
Number: 76

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:37:51

Speed: 8.58 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 231 (of 252)

Rank in course/Men: 188 (of 198)

Best time in course: 52:16

Rank in category: 31(of 31)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	56:33	6:48	29	20:14	183	25:47	8.30	56:33	6:48	2	14:52	187	25:47
Finish	5.70	41:18	7:14	31	16:11	187	19:48	14.00	1:37:51	6:59	31	36:25	189	45:35