



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Metz, Karin

Club: Spargelläufer Herbsleben  
Number: 263

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W55

Total time: 1:37:51

Speed: 8.58 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 232 (of 252)

Rank in course/Women: 44 (of 54)

Best time in course: 1:06:53

Rank in category: 3(of 6)

Best time in the category: 1:16:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	56:41	6:49	3	12:16	41	17:11	8.30	56:41	6:49	3	12:16	17	
Finish	5.70	41:10	7:13	3	9:31	45	13:47	14.00	1:37:51	6:59	3	21:47	44	30:58