



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Hecht, Heike

Club: Spargelläufer Herbsleben  
Number: 270

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:38:48

Speed: 8.50 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 233 (of 252)

Rank in course/Women: 45 (of 54)

Best time in course: 1:06:53

Rank in category: 10(of 12)

Best time in the category: 1:12:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Posten	8.30	57:07	6:52	10	15:07	44	17:37	8.30	57:07	6:52	10	15:07	18
Finish	5.70	41:41	7:18	11	11:12	47	14:18	14.00	1:38:48	7:03	10	26:19	45 31:55