



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Scalé, Angelika

Club: LG MuLi

Number: 388

Course: 6.00 km

6 km Run

Category:

Frauen W40

Total time: 30:18

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 45 (of 174)

Rank in course/Women: 9 (of 82)

Best time in course: 26:34

Rank in category: 2(of 19)

Best time in the category: 30:10