



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Grün, Jürgen

Club: Mannheim  
Number: 390

Course: 6.00 km  
6 km Run

Category:  
Männer M50

Total time: 31:09

Speed: 11.56 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 52 (of 174)

Rank in course/Men: 41 (of 92)

Best time in course: 22:06

Rank in category: 2(of 5)

Best time in the category: 26:52