



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Ehrmann, Aniara

Club: Mannheim  
Number: 223

Course: 6.00 km  
6 km Run

Category:  
weibliche Jugend B

Total time: 31:39

Speed: 11.37 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 58 (of 174)  
Rank in course/Women: 14 (of 82)  
Best time in course: 26:34

Rank in category: 1(of 6)  
Best time in the category: 31:39