



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Mainzer, Albertine

Club: Team MiAnOli

Number: 284

Course: 6.00 km

6 km Run

Category:

Frauen W40

Total time: 32:15

Speed: 11.16 km/h

Running performance: 5:23 min/km

Rank in course/Total: 64 (of 174)

Rank in course/Women: 15 (of 82)

Best time in course: 26:34

Rank in category: 4(of 19)

Best time in the category: 30:10