



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Sauer, Bianca

Club: Hirschberg  
Number: 326

Course: 6.00 km  
6 km Run

Category:  
Frauen W30

Total time: 32:26

Speed: 11.10 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 70 (of 174)

Rank in course/Women: 18 (of 82)

Best time in course: 26:34

Rank in category: 4(of 9)

Best time in the category: 26:39