



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Willig, Martin

Club: SV Waldhof
Number: 370

Course: 6.00 km
6 km Run

Category:
Männer M45

Total time: 33:13

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 77 (of 174)

Rank in course/Men: 55 (of 92)

Best time in course: 22:06

Rank in category: 16(of 23)

Best time in the category: 23:49