



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Dammer, Leo

Number: 215

Course: 6.00 km  
6 km Run

Category:  
männliche Schüler B

Total time: 33:17

Speed: 10.82 km/h

Running performance: 5:33 min/km

Rank in course/Total: 78 (of 174)

Rank in course/Men: 56 (of 92)

Best time in course: 22:06

Rank in category: 8(of 13)

Best time in the category: 25:44