



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Pfisterer, Rainer

Club: Ludwigshafen

Number: 313

Course: 6.00 km

6 km Run

Category:

Männer M40

Total time: 34:45

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 97 (of 174)

Rank in course/Men: 65 (of 92)

Best time in course: 22:06

Rank in category: 8(of 12)

Best time in the category: 22:21