



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Weis, Steffen**

Club: Erbes-Büdesheim  
Number: 358

Course: 6.00 km  
6 km Run

Category:  
Männer M35

Total time: 34:46

Speed: 10.35 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 98 (of 174)

Rank in course/Men: 66 (of 92)

Best time in course: 22:06

Rank in category: 4(of 8)

Best time in the category: 22:56