



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Knörzer, Ulrich

Club: TSG Weinheim Team Radsport Wagner
Number: 589

Course: 12.00 km
12 km Run

Category:
Männer M40

Total time: 45:19

Speed: 15.89 km/h
Running performance: 3:47 min/km

Rank in course/Total: 1 (of 236)

Rank in course/Men: 1 (of 175)

Best time in course: 45:19

Rank in category: 1(of 30)

Best time in the category: 45:19