



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Gantner, Harry

Club: Ilvesheim
Number: 229

Course: 6.00 km
6 km Run

Category:
Männer M35

Total time: 37:14

Speed: 9.67 km/h
Running performance: 6:13 min/km

Rank in course/Total: 123 (of 174)

Rank in course/Men: 77 (of 92)

Best time in course: 22:06

Rank in category: 7(of 8)

Best time in the category: 22:56