



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Weber, Sabine**

Club: Mannheim  
Number: 356

Course: 6.00 km  
6 km Run

Category:  
Frauen W40

Total time: 37:58

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 127 (of 174)

Rank in course/Women: 50 (of 82)

Best time in course: 26:34

Rank in category: 10(of 19)

Best time in the category: 30:10