



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Gantner, Sabine

Club: Ilvesheim
Number: 232

Course: 6.00 km
6 km Run

Category:
Frauen W40

Total time: 38:25

Speed: 9.37 km/h
Running performance: 6:24 min/km

Rank in course/Total: 131 (of 174)

Rank in course/Women: 52 (of 82)

Best time in course: 26:34

Rank in category: 12(of 19)

Best time in the category: 30:10