



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Kapp, Petra

Number: 263

Course: 6.00 km  
6 km Run

Category:  
Frauen W40

Total time: 40:19

Speed: 8.93 km/h

Running performance: 6:43 min/km

Rank in course/Total: 140 (of 174)

Rank in course/Women: 59 (of 82)

Best time in course: 26:34

Rank in category: 14(of 19)

Best time in the category: 30:10