



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Sharifi, Yazdan

Club: JPHH

Number: 340

Course: 6.00 km

6 km Run

Category:

männliche Jugend B

Total time: 40:45

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 147 (of 174)

Rank in course/Men: 84 (of 92)

Best time in course: 22:06

Rank in category: 4(of 4)

Best time in the category: 26:21