



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Bassing, Sascha

Club: Ludwigshafen
Number: 202

Course: 6.00 km
6 km Run

Category:
Männer M35

Total time: 40:49

Speed: 8.82 km/h
Running performance: 6:48 min/km

Rank in course/Total: 148 (of 174)

Rank in course/Men: 85 (of 92)

Best time in course: 22:06

Rank in category: 8(of 8)

Best time in the category: 22:56