



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Meffert, Michaela

Club: London2

Number: 296

Course: 6.00 km

6 km Run

Category:

Frauen W55

Total time: 41:17

Speed: 8.72 km/h

Running performance: 6:53 min/km

Rank in course/Total: 152 (of 174)

Rank in course/Women: 66 (of 82)

Best time in course: 26:34

Rank in category: 2(of 2)

Best time in the category: 35:58