



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Bernstein, Andreas

Club: Heidelberg
Number: 758

Course: 12.00 km
12 km Run

Category:
Männer M20

Total time: 51:48

Speed: 13.90 km/h
Running performance: 4:19 min/km

Rank in course/Total: 15 (of 236)

Rank in course/Men: 15 (of 175)

Best time in course: 45:19

Rank in category: 2(of 23)

Best time in the category: 47:16