



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Ziersch, Judith

Club: Mannheim
Number: 757

Course: 12.00 km
12 km Run

Category:
Frauen W20

Total time: 52:06

Speed: 13.82 km/h
Running performance: 4:20 min/km

Rank in course/Total: 18 (of 236)

Rank in course/Women: 1 (of 61)

Best time in course: 52:06

Rank in category: 1(of 14)

Best time in the category: 52:06