



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Thaysen, Grethe

Club: TV Rheinau 1893

Number: 694

Course: 12.00 km

12 km Run

Category:

Frauen W50

Total time: 52:26

Speed: 13.73 km/h

Running performance: 4:22 min/km

Rank in course/Total: 21 (of 236)

Rank in course/Women: 3 (of 61)

Best time in course: 52:06

Rank in category: 1(of 6)

Best time in the category: 52:26