



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Duttenhöffer, Thomas

Club: Mannheim
Number: 533

Course: 12.00 km
12 km Run

Category:
Männer M45

Total time: 52:32

Speed: 13.71 km/h
Running performance: 4:23 min/km

Rank in course/Total: 23 (of 236)

Rank in course/Men: 20 (of 175)

Best time in course: 45:19

Rank in category: 7(of 32)

Best time in the category: 47:35