



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Nonn, Annette

Club: Mannheim
Number: 308

Course: 6.00 km
6 km Run

Category:
Frauen W40

Total time: 42:38

Speed: 8.44 km/h
Running performance: 7:07 min/km

Rank in course/Total: 157 (of 174)

Rank in course/Women: 70 (of 82)

Best time in course: 26:34

Rank in category: 16(of 19)

Best time in the category: 30:10