



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Wünsche, Ricardo

Club: JPHH

Number: 361

Course: 6.00 km

6 km Run

Category:

Männer M30

Total time: 43:44

Speed: 8.23 km/h

Running performance: 7:17 min/km

Rank in course/Total: 160 (of 174)

Rank in course/Men: 89 (of 92)

Best time in course: 22:06

Rank in category: 5(of 5)

Best time in the category: 25:07