



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Hugo, Dietmar

Club: Mannheim
Number: 580

Course: 12.00 km
12 km Run

Category:
Männer M40

Total time: 54:15

Speed: 13.27 km/h
Running performance: 4:31 min/km

Rank in course/Total: 38 (of 236)

Rank in course/Men: 35 (of 175)

Best time in course: 45:19

Rank in category: 7(of 30)

Best time in the category: 45:19