



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Futscher, Michael

Club: DjK Nussdorf
Number: 729

Course: 12.00 km
12 km Run

Category:
Männer M50

Total time: 54:26

Speed: 13.23 km/h
Running performance: 4:32 min/km

Rank in course/Total: 40 (of 236)

Rank in course/Men: 37 (of 175)

Best time in course: 45:19

Rank in category: 3(of 27)

Best time in the category: 52:21