



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Schosek, Kurt

Club: Mannheim  
Number: 666

Course: 12.00 km  
12 km Run

Category:  
Männer M40

Total time: 54:35

Speed: 13.19 km/h  
Running performance: 4:33 min/km

Rank in course/Total: 44 (of 236)

Rank in course/Men: 41 (of 175)

Best time in course: 45:19

Rank in category: 9(of 30)

Best time in the category: 45:19