



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Bugiel, Thomas**

Club: WALD + SPORTKIGA MA  
Number: 525

Course: 12.00 km  
12 km Run

Category:  
Männer M35

Total time: 55:50

Speed: 12.90 km/h  
Running performance: 4:39 min/km

Rank in course/Total: 56 (of 236)

Rank in course/Men: 52 (of 175)

Best time in course: 45:19

Rank in category: 7(of 20)

Best time in the category: 46:31