



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Cambeis, Andre

Club: Mannheim  
Number: 527

Course: 12.00 km  
12 km Run

Category:  
Männer M35

Total time: 56:06

Speed: 12.83 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 58 (of 236)

Rank in course/Men: 54 (of 175)

Best time in course: 45:19

Rank in category: 8(of 20)

Best time in the category: 46:31