



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Heinrich, Lars

Club: SG Stern Mannheim
Number: 242

Course: 6.00 km
6 km Run

Category:
männliche Schüler B

Total time: 46:29

Speed: 7.74 km/h
Running performance: 7:45 min/km

Rank in course/Total: 166 (of 174)

Rank in course/Men: 92 (of 92)

Best time in course: 22:06

Rank in category: 13(of 13)

Best time in the category: 25:44