



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Hoppe, Manfred

Club: TV Friedrichsfeld  
Number: 575

Course: 12.00 km  
12 km Run

Category:  
Männer M60

Total time: 57:07

Speed: 12.61 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 64 (of 236)

Rank in course/Men: 60 (of 175)

Best time in course: 45:19

Rank in category: 1(of 7)

Best time in the category: 57:07