



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Blöh, Wolfgang**

Club: TSV MA - Schönau  
Number: 513

Course: 12.00 km  
12 km Run

Category:  
Männer M55

Total time: 57:17

Speed: 12.57 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 66 (of 236)

Rank in course/Men: 62 (of 175)

Best time in course: 45:19

Rank in category: 4(of 19)

Best time in the category: 51:14