



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Müller, Alexander

Club: Kurpfalz Klüngel
Number: 616

Course: 12.00 km
12 km Run

Category:
Männer M30

Total time: 57:50

Speed: 12.45 km/h
Running performance: 4:49 min/km

Rank in course/Total: 70 (of 236)

Rank in course/Men: 66 (of 175)

Best time in course: 45:19

Rank in category: 6(of 14)

Best time in the category: 46:18