



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Doser, Juergen

Club: Oftersheim

Number: 531

Course: 12.00 km

12 km Run

Category:

Männer M55

Total time: 58:05

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 72 (of 236)

Rank in course/Men: 68 (of 175)

Best time in course: 45:19

Rank in category: 5(of 19)

Best time in the category: 51:14