



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Hernandez, Javier

Club: Mannheim
Number: 568

Course: 12.00 km
12 km Run

Category:
Männer M50

Total time: 58:20

Speed: 12.34 km/h
Running performance: 4:52 min/km

Rank in course/Total: 77 (of 236)

Rank in course/Men: 73 (of 175)

Best time in course: 45:19

Rank in category: 8(of 27)

Best time in the category: 52:21