



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Resas, Dieter

Club: Bürstadt  
Number: 741

Course: 12.00 km  
12 km Run

Category:  
Männer M45

Total time: 58:50

Speed: 12.24 km/h  
Running performance: 4:54 min/km

Rank in course/Total: 80 (of 236)

Rank in course/Men: 76 (of 175)

Best time in course: 45:19

Rank in category: 17(of 32)

Best time in the category: 47:35