



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Metzgeroth, Georgia

Club: Mannheim
Number: 299

Course: 6.00 km
6 km Run

Category:
Frauen W35

Total time: 48:41

Speed: 7.39 km/h
Running performance: 8:07 min/km

Rank in course/Total: 172 (of 174)

Rank in course/Women: 80 (of 82)

Best time in course: 26:34

Rank in category: 5(of 6)

Best time in the category: 29:59