



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Merkert, Dieter**

Club: Spassläufer  
Number: 610

Course: 12.00 km  
12 km Run

Category:  
Männer M40

Total time: 59:18

Speed: 12.14 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 86 (of 236)

Rank in course/Men: 81 (of 175)

Best time in course: 45:19

Rank in category: 17(of 30)

Best time in the category: 45:19