



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Bähr, Margit**

Club: Mannheim  
Number: 809

Course: 6.00 km  
6 km Walk

Category:  
Walking/ Nordic Walking

Total time: 49:11

Speed: 7.32 km/h  
Running performance: 8:12 min/km

Rank in course/Total: 8 (of 20)  
Rank in course/Women: 4 (of 13)  
Best time in course: 46:37

Rank in category: 4(of 13)  
Best time in the category: 46:37