



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Laudenbach, Andrea

Club: Maxdorf
Number: 820

Course: 6.00 km
6 km Walk

Category:
Walking/ Nordic Walking

Total time: 49:12

Speed: 7.32 km/h
Running performance: 8:12 min/km

Rank in course/Total: 9 (of 20)
Rank in course/Women: 5 (of 13)

Best time in course: 46:37

Rank in category: 5(of 13)
Best time in the category: 46:37