



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

**Sinemus, Rene**

Club: MTG Mannheim Triathlon  
Number: 678

Enduro Long Men

Category:

Männer M20

Total time: 59:33

Speed: - km/h

Running performance: 4:58 min/km

Rank in course/Total: 91 (of 236)

Rank in course/Men: 84 (of 175)

Best time in course: 45:19

Rank in category: 12(of 23)

Best time in the category: 47:16