



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

THOMAS, Ekkehard

Club: Rolls Angels

Number: 695

Course: 12.00 km

12 km Run

Category:

Männer M50

Total time: 59:55

Speed: 12.02 km/h

Running performance: 4:59 min/km

Rank in course/Total: 96 (of 236)

Rank in course/Men: 89 (of 175)

Best time in course: 45:19

Rank in category: 10(of 27)

Best time in the category: 52:21