



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Iacomini-Liptow, Jens

Club: PSC-Schönau  
Number: 581

Course: 12.00 km  
12 km Run

Category:  
Männer M35

Total time: 59:59

Speed: 12.00 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 97 (of 236)

Rank in course/Men: 90 (of 175)

Best time in course: 45:19

Rank in category: 12(of 20)

Best time in the category: 46:31