



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Ludwig, Günther

Club: Mannheim  
Number: 805

Course: 6.00 km  
6 km Nordic Walk

Category:  
Walking/ Nordic Walking Männer

Total time: 50:15

Speed: 7.16 km/h  
Running performance: 8:23 min/km

Rank in course/Total: 3 (of 10)

Rank in course/Men: 1 (of 2)

Best time in course: 50:15

Rank in category: 1(of 2)

Best time in the category: 50:15