



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Pusch, Michael

Club: Mannheim
Number: 635

Course: 12.00 km
12 km Run

Category:
Männer M50

Total time: 1:00:45

Speed: 11.85 km/h
Running performance: 5:04 min/km

Rank in course/Total: 106 (of 236)

Rank in course/Men: 95 (of 175)

Best time in course: 45:19

Rank in category: 11(of 27)

Best time in the category: 52:21