



5. Grüner Karlsternlauf  
Mannheim / 13.06.2010

Detailed evaluation

Anderc, Reinhold

Club: MERC  
Number: 748

Course: 12.00 km  
12 km Run

Category:  
Männer M55

Total time: 1:01:22

Speed: 11.73 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 108 (of 236)

Rank in course/Men: 96 (of 175)

Best time in course: 45:19

Rank in category: 11(of 19)

Best time in the category: 51:14