



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Zeiß, Karin

Club: Ski-Club Heddesheim
Number: 831

Course: 6.00 km
6 km Walk

Category:
Walking/ Nordic Walking

Total time: 51:12

Speed: 7.03 km/h
Running performance: 8:32 min/km

Rank in course/Total: 14 (of 20)
Rank in course/Women: 10 (of 13)
Best time in course: 46:37

Rank in category: 10(of 13)
Best time in the category: 46:37