



5. Grüner Karlsternlauf
Mannheim / 13.06.2010

Detailed evaluation

Müller, Hildegard

Club: Mannheim
Number: 806

Course: 6.00 km
6 km Nordic Walk

Category:
Walking/ Nordic Walking

Total time: 51:50

Speed: 6.95 km/h
Running performance: 8:38 min/km

Rank in course/Total: 4 (of 10)

Rank in course/Women: 3 (of 8)

Best time in course: 45:43

Rank in category: 3(of 8)

Best time in the category: 45:43